



## *A Journey to Higher Ground*

**The sovereign Lord is my strength; He makes my feet like the feet of a deer.  
He enables me to go on to the heights. ~ Habakkuk 3:19**

### *From the Pastor's Desk*

My dear Trinity Family,

Greetings to each of you in the name of our Lord and Savior Jesus Christ!

It was a cold January day in Philadelphia. I was seated in one of the holding areas of the beautiful Pennsylvania Convention Center. The room was charged with excitement and anticipation. In different parts of the large room there were people of all ages - strumming on guitars, creating harmony, singing solos, rehearsing dances, stunts and even magic! You would not be guessing wrong if you imagine that a hall filled with about 800 plus aspiring contestants and their supporters must be a happening place! Especially when it is a day of auditions for "America's Got Talent".

Our son Nihal had an audition scheduled in the day. I had a seat for all of the day!

As I write this letter I am seated once again in another context on another day. This time I am located closer home in one of our District Schools. The strains of music from different sections of the school district orchestra practicing for a concert fills the facility.

This time our daughter Nehara has a practice. I still have a seat.

"A true chairman", you might say!

I take a moment to salute all parents in "the holding area". I am sure you are smiling as I describe what has become an integral part of our parenting lives. Waiting. Waiting. And more waiting! Your investments of love will not go in vain. Especially when you invest in a way that points your children to Jesus. "Point your kids in the right direction—when they're old they won't be lost." Proverbs 22: 6 (The Message)

During my day in Philadelphia I was reading my Bible at a certain time, when a gentleman walked up to me and said, "You are reading such fine print! You must read from a book with bigger print!" As you notice, I was getting free consultation without asking for it! And as though that were not enough, he added, "And read something which has pictures too!"

I smiled and told the man that I was reading my favorite book of all - the Bible. He had the strangest look on his face and he quickly got out of the conversation.

But I thought about it. Yes, the Bible is not only a book with words that will not fail, it has pictures that I cannot miss! But the more I need to understand them, the more I need to set aside time to read, meditate and internalize.

## JOIN US FOR WORSHIP

Sunday 8:15 AM and 10:45 AM - Worship Services

Sunday 9:30 AM - Sunday School Classes for all ages

TAKE 5 TO PRAY  
DAILY AT 8:30 PM

### Trinity Church Staff

Name	Position	Email	Phone Ext.
Rev. Arun Andrews	Senior Pastor	pastor@trinityumnc.com	103
Dan Stokes	Minister of Music	musicminister@trinityumnc.com	107
Tyler Schouppe	Director of Youth Ministries		102
Jady Conroy	Church Secretary	office@trinityumnc.com	100
Carol Wilson	Church Secretary/ Treasurer	treasurer@trinityumnc.com	104
Jocelyn MacMinn	Communications Administrator	admin@trinityumnc.com	105
Harry Rodriguez	Custodian		110
Norm Haas Jr.	Security		774-5225
Wilma Rockey	Director of Handbells		
Barbara Zimmerman	Parish Nurse		761-1894
Kitchen			106
Children's area			111
Conference Room			101

### Trinity Leadership Team 2017

**Pastor:** Arun Andrews

**Chairperson:** Janice Ocamb

**Staff/Parish:** Ken Gable  
Beth Sider

**Trustees:** Daryl Potteiger  
John Mickle  
Bill Northey  
Scott Loomis  
Joe Seker

**Lay Members to Annual  
Conference:** Kathy Miller  
Tiffany Hollinger

**Lay Leader:** Ron Winter

**Finance:** Bob Rosenthal  
Gordon Taylor



Church Office Hours are  
Monday through Friday, 8:30 AM to 12:30 PM

Phone: (717) 774-7146

Fax: (717) 712-1200

Church website: [www.trinityumnc.com](http://www.trinityumnc.com)



Trinity United Methodist Church New Cumberland

**Deadline for  
March 2017  
Tidings articles  
February 15**

(Continued from page 1)

The Bible gives us an amazing promise in Isaiah 40:31: "But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint."

In Psalm 46:10 we are reminded, "Be still and know that I am God"

Friend, how about keeping a journal of your daily times with God? Write down those praises, enter those prayer requests, ink those commandments, examples, confessions and promises that God gives you in His word. I know many of you might already be in the practice of writing your journals. What a blessing! And don't forget to review your journal every Saturday evening as you prepare to come to the house of the Lord to worship. It is amazing how God connects his word in sequence. And guess what? Your quiet time reflection and journal entry might just come in handy during the day – because someone who crosses paths with you may need it like you never imagined.

So, the next time you turn to the pages of the Scriptures, be sure to find your treasure. The password is simple. It is spelt WAIT.

Have a wonderful month of walking with the Lord and touching lives with his love.

In our preaching series we continue to look at mountains in the Bible and take a fresh view of who God is. Our prayer is that what we hear and study will be translated in practical ways in our daily lives.

Let us seek to keep climbing with our Lord,

Your Pastor,  
Arun



## ***FEBRUARY 2017 THEME:***

### ***The higher ground of understanding God***

#### **February 5 The Mount of the Beatitudes: Setting the standard**

Scripture lesson 1: Exodus 20 : 1-17      Scripture lesson 2: Matthew 5 : 1-12

#### **February 12 The Mount of Ministry: Serving Our Generation (Boy Scouts Sunday)**

Scripture lesson 1: Psalm 100      Scripture lesson 2: Matthew 15:29-39

#### **February 19 The Mount of Prayer: Seeking Our Strength**

Scripture lesson 1: Isaiah 40 :26-31      Scripture lesson 2: Matthew 14 : 13-23

#### **February 26 The Mount of Transfiguration: Seeing Our Savior**

Scripture lesson 1: Exodus 33: 12-23      Scripture lesson 2: Matthew 17:1-13

# THANK YOU ~ THANK YOU ~ THANK YOU

## **“Thank you” and an invitation!**

Ron Winter schedules the liturgists who participate and read each Sunday. Ron has just begun to involve two liturgists each Sunday, a different person for each service. Thank you, Ron, for doubling your work load, and including more of us. It is a joyful thing to see Trinity grow, and more and more of us willing to serve the Lord in different parts of our worship, ministry and service. If you have never served as a liturgist, but feel you could offer to serve God in this manner, please contact Ron Winter.

## **For the Gift of Nourishment**

As a result of our Food Drive in December two deliveries of food were made to New Hope Ministries. The total weight of the food donated came to 218 pounds!

“Thank you, your donation really makes a difference!” ~Eric Sanders

## **Christmas Critters Appreciated**

Dear Members of Trinity Church,  
Thank you so much for all the wonderful stuffed animals that you donated to the students of Fishing Creek Elementary School. We added the animals to our Angel Tree presents for the children. Every year we place angels on the tree with items to make our children’s Christmas brighter.

Your kindness and generosity is greatly appreciated. Have a wonderful New Year! Sincerely,  
Fishing Creek Elementary School

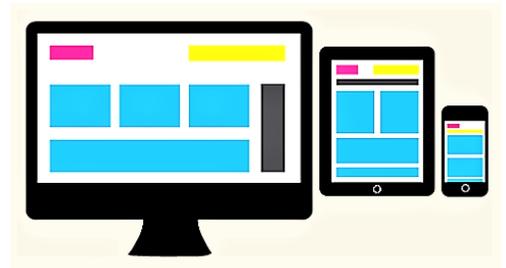
## **For Your Kindness**

We offer our sincere thanks to our church family for their many expressions of sympathy at the passing of our father and grandfather, Pete Miller. We are especially grateful to Rev. Arun Andrews, Rev. Carl Ford Peterson, Barbara Zimmerman, Dan Stokes and the kitchen crew.

~Rod, Betsy and Allison Miller

## ***WE HAVE A NEW WEBSITE!***

If you haven’t checked it out yet, stop reading the Tidings right now and go to [www.trinityumnc.com](http://www.trinityumnc.com) on your nearest device. We’ve upgraded our website so it is an interactive experience for our readers. Play around with it - it’s fun! We will be adding new content every week, so keep checking in. Some features of the homepage include:



**A Rotator of Pictures** - You will be able to click on some pictures and go straight to the content shown.

**4 Action Buttons** - The Events one is especially nice, since you can see what is happening at Trinity by featured events, an event list or calendar.

**Latest Message by Rev. Andrews** - If there was something you can’t remember from his latest sermon, chances are it will be in this message.

**Latest Tidings** - Just click on the picture and then click on “notes”. The Tidings will load from there. If you want to go back to the website, use your browser’s back button.

**Blog titled “A View with a Story”** - Here the latest entry will be showcased. If you would like to submit a story and a picture, please send it to [admin@trinityumnc.com](mailto:admin@trinityumnc.com)

**SAFE SANCTUARY INITIAL TRAINING**

There will be a Safe Sanctuary Initial Training on Feb. 7 at 6:00 in the St. John’s Room for those who have recently obtained or plan to obtain their clearances for Safe Sanctuary. The initial training is required for everyone new to the Safe Sanctuary process. Please notify Donna Ratulowski at 512-3365 or Dianne Schofield at 938-3548 if you plan to attend. Thank you.

**HE CHOSE THE NAILS**

Max Lucado’s, “He Chose the Nails”, is a 6 week Bible Study that will be held Sundays March 19<sup>th</sup> thru April 23<sup>rd</sup> in the Otterbein Conference Room during Sunday School (the Elective Sunday School Class). If you are interested in joining the study please contact Sharon Sheffer by January 29<sup>th</sup> 2017 at either 774-3137 or [sesheffer@outlook.com](mailto:sesheffer@outlook.com).

**10:45 USHERS WORKSHOP**

On Sunday, February 26<sup>th</sup> after the 10:45 service, we will have a workshop for all 10:45 ushers – new and old!! We have been very encouraged and blessed at the way people are stepping forward and offering to be on the ushering schedule for the 10:45 services in 2017. Thank you! There are still some openings available for you to consider. Our aim is the have the schedule complete by the date of the workshop so all new ushers will be welcomed, and so the “old” ushers can be thanked! Please see George Karnes, coordinator of the 10:45 ushers, if you have a question.



**FEBRUARY 28<sup>TH</sup> AT 2:00 PM  
SUNNIER SIDE OF SIXTY SERVICE**

The services for 2017 will center around “Promises for Victorious Living”. The theme for the February service will be “Our identity is not in what we can do but in whose we are!” Rev. Richard Creamer will be preaching. Fred and Diane Hanse Jenkins will be ministering in music, along with Dr. Ron and Beth Sider. Pastor Andrews along with Rev. Spengler, Rev. Peterson, Rev. Creamer, Rev. Brooks, and Rev. Haller will be serving Holy Communion. The faithful Trinity volunteers will be in charge of the fellowship time in the Mt. Olivet Room following the service. All are invited to this 40 minute service – regardless of your age!!

**VBS PLANNING**

There will be a planning meeting on February 1st at 6:00 pm in the Preschool Room. We will be choosing a VBS curriculum at that time. VBS will be held from Sunday, June 4th to Thursday June 8th. The wrap up session will be Friday June 9th. Please contact Pat Roh for more information.

**Cancellations due to weather will be reported on  
ABC 27, CBS21, Facebook and Trinity’s Website**

## Youth Group



**Mark your calendars for these  
“Exciting, Don’t Miss It”  
events for Youth and Teens!**

- Feb. 5**            **6-8 PM Youth Group  
Creation Room**
- Feb. 12**          **6-8 PM Youth Group  
Creation Room**
- Feb. 19**          **6-8 PM Youth Group  
Creation Room**
- Feb. 26**          **6-8 PM  
Fellowship Time**

## **WORDS FROM THE NEW DIRECTOR OF YOUTH MINISTRIES**

"I remember my time in high school well. Football practices, music rehearsals for bands that never made it to the big time, and youth group. While youth pastors came and went, and while our programs and faces changed, one thing remained true - I had community, fellowship, and I developed a vital worship life during my times in middle school and high school youth group. I learned the truths of scripture. I learned what it meant to live a life of worship. I learned what it meant to be a worship leader. I was mentored, as well as mentored students younger than myself.

I now have the opportunity and privilege to be the Director of Youth Ministries here at Trinity UMC, and I can't begin to express in a short letter what it means to be on staff here at this church. I am overflowing with joy. I am filled with excitement. My heart is filled with affirmation and contentment.

This year, and in the years to come, myself, along with the Youth Leadership Team, are excited to see where God moves as we seek to create a Christ-centered, disciple-making, unapologetic and passionate Youth Program. The youth of our church are not just the church of the future, but they are the church of now! We will seek to continue to create spaces for them to know God through scripture, grow in their faith, serve our community, and share their faith with others.

Thank you for being in constant prayer for this transition, and for allowing me into the family and fellowship that is Trinity UMC. I would ask you to continue to keep the youth of both this church and this community in your prayers, and greet them as warmly as you have greeted me. For God has loved us through Christ so deeply, so that we may continue to love others.

In Christ,  
Tyler Schouppe



## **The Children’s Sunday School Easter Party**

Sunday, April 2nd ~ 12:00 pm to 3:00 pm

## Save the Date

## **Parents Night Out Event**

Friday, February 17th  
(snow date of February 24th)  
5:00 pm to 9:00 pm

**It will be a great night filled with dinner,  
crafts, games, movie, snacks and story time**

Please register your child by Sunday February 12th  
Each child may bring a friend.

## *Sunday Duties for February 2017*

<i>DUTY</i>	<i>February 5</i>	<i>February 12</i>	<i>February 19</i>	<i>February 26</i>
Altar Guild	Joy Hamsher (Cindy Iekler- Pew Communion)	Joy Hamsher	Sue Grubb	Sue Grubb
Liturgist: 8:15  10:45	Rev. Rodney Miller  Rev. Rodney Miller	Doug Eakin  Mike Schofield	Ron Winter  Owen Rynex	Jane Gable  Ken Gable
Lamb's Talk	Communion, No Lamb's Talk	Rev. Raymond Brooks and Youth	Marjorie Creamer	Melody Oligane
Nursery: 8:15  10:45	Jo Lower, Lucille Wilt  Kathy Miller	Patsy Bashore, Dianne Schofield  Margie Creamer, Donna Ratulowski	  Allyn Litzelman, Paula Taylor	Barb Mickle  Jean Ruth
Ushers: 8:15  10:45	Sam Brinton*, Jeff Brinton, Larry Miller, Nevin Bashore, Bob Walters  Joe Seker*, Joann Seker, Betty Winter, Larry Miller, Joy Hamsher (Feb 5)			
				* denotes Head Usher
Coffee Fellowship	Adult Couples' Class	Betsy, Rod and Allison Miller	Chancel Choir	Adult Couples' Class
Adult SS Teacher	Ruth Miller	Ron Winter	Shirley Sharpe	Richard Creamer
Elective SS Teacher	Joann Seker	Jady Conroy	John Mickle	George Karnes
Counting Team	Betty Winter and Kathy Miller			

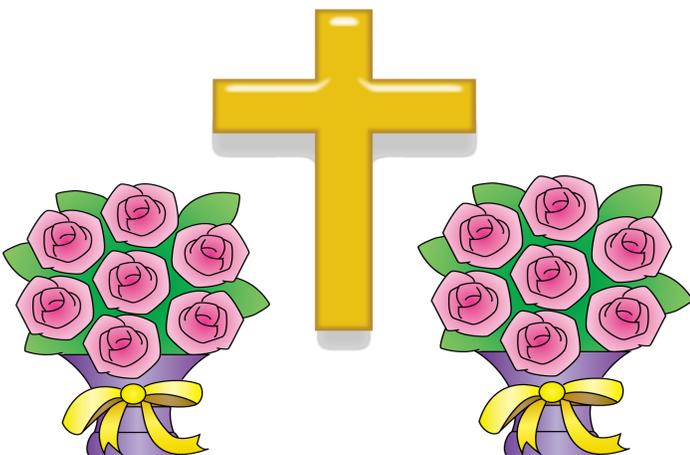
## ***ALTAR GUILD HAPPENINGS***

The Altar Guild at Trinity is comprised of people who prepare the worship space for worship. Each Saturday they do such things as change the paraments for the particular colors of the church year, dust the chancel area, mark the weekly scripture readings in the Bibles, help with the altar flowers, and prepare for and clean-up from communion for the first Sunday of the month.

The Altar Guild comes under the work of the Worship Team. The Altar Guild is co-coordinated by Kathy Brosius and Carol Evertts. This year we have six new Altar Guild members. If you are interested in being an Altar Guild member please contact Kathy Brosius or Carol Evertts.

Cindy Ickler is the Communion Steward at Trinity. She orders the communion elements and helps the Altar Guild member with the set-up and clean-up on communion Sundays.

We thank each Altar Guild member for their reliable and dedicated service. We especially thank Betty Winter who just retired from the Altar Guild at the end of 2016. Betty has been an Altar Guild member since 2001. She served under several Altar Guild coordinators. We recognize and commend Betty for the reliable way in which she serves and supports the worship at Trinity. Betty continues to schedule the greeters for the 10:45 service, she serves on the Worship Team, and she was also a valuable member of the 2016 National Day of Prayer Committee. "Thank you, Betty" for your example of service.



## ***ALTAR GUILD WORKSHOP***

The upcoming Altar Guild Workshop is Saturday morning, February 4<sup>th</sup> at 9 AM downstairs in the church kitchen. We will begin with communion preparation and then move upstairs to the chancel area to discuss preparing the chancel area for worship. This workshop will be directed by Kathy Brosius and Carol Evertts, altar guild coordinators and Cindy Ickler, communion steward.



## ***SPONSORING ALTAR FLOWERS***

When you sponsor altar flowers you are welcome, if you wish, to request a particular color.

The prices of sponsoring altar flowers have changed.

- \$35 Sets of altar flowers
- \$25 Center piece
- \$9.50 Rose bud and vase
- \$4 Rose bud displayed in church's vase

## ***NEEDED: EMPTY COFFEE CONTAINERS***

The Altar Guild is in need of empty coffee containers, plastic or cans. They can be 10 ½ oz. to 1 pound containers. After the 10:45 worship service the altar flowers will be taken out of the altar vase by an altar guild member and placed in a container. The flowers are often given to those of the Trinity family who are sick or homebound. Placing the flowers in the coffee containers will make transportation and distribution easier. Please place your empty coffee containers in the hallway beyond the restrooms in the box labeled and provided for them. Thank you very much for helping the church be better stewards and recycling containers rather than throwing disposable liners away each week.

## Reflections on Creation February 2017

*"The Lord your God is in your midst, a Mighty One who will save. He will rejoice over you with gladness, He will renew you with His love, He will rejoice over you with singing." ~Zephaniah 3:17*

Singing and listening to music have been such blessings to me. My dad had a beautiful tenor voice and from him I learned about the sweetness of harmony and the importance of throwing yourself into a song. While in Chancel Choir, I've learned how vital it is to let your face tell the truth of the words which we sing.

Good song-writers can convey so many things through their lyrics. Worship, joy, sadness, love, praise, longing, pride and wistfulness are only a few. I love songs which have a bit of dissonance in them. I love to hear the lingering sweetness when the notes return to harmony.. Many times, the truth and poignancy of the lyrics bring me to tears. It is hard to be ungrateful when you are engaged in music-making. A beautiful song can make all things seem right with the world. Music can indeed be a vehicle for heart-soaring moments!

Now think about God rejoicing over us with songs, as the scripture says. Surely God has given us music as a gift. As he created the world, as things were spoken into being, what if it was a song of creation, sung for our pleasure and provision? What if the rocks and trees, prairies and all creatures sing their own songs back to God? He loves us so much, he rejoices over us with singing. We are far from perfect and yet he invites each of us to listen to his songs of joy, healing and salvation. He renews us with his love.

I often wonder what music will sound like in heaven..... I suspect that it will be so rich in depth and timbre that it will be a marvelous source of wonder and delight, bursting forth with the joy of worship. We probably only hear a fraction of the tones which are possible. Our human ears contend now with a limited understanding of sound. In heaven, we will at last know the true magnitude of what God's voice is meant to convey and we will join our voices in the choir of all of creation, rejoicing together!

*Father of beauty and harmony, thank you for gracing us with the melodies of your love. Thank you for planting in us our own special song, and for the way you rejoice over each one of us. Praise you, God! May we sing our notes boldly and in constant awareness of how much we are blessed by your love. Amen. ~Jady Conroy*

### ***HELP TRINITY BY SHOPPING AT YOUR LOCAL SUPERMARKET***

Buy your Giant, Weis and Karns gift cards at Trinity. They come in denominations of \$25, \$50 and \$100. The cards can also be used in the pharmacy and for gas. Trinity Church receives 10% for every Giant card we sell and 5% for every Weis and Karns card we sell. The proceeds are used to help pay down the debt on the building. Cards can be purchased from Charlie Klinger in the Mt. Olivet Room on Sunday mornings at 9:30, or in the church office during the week, between 8:30 and 12:30.

New this year - register your Darrenkamp's Market Gold Card with their Community Rewards program and Trinity Church will earn 1% of your total Gold Card purchases. For more information, check out the flyer across from the mailboxes.

Thanks for your participation!



# February 2017

## Choir & Bell Rehearsals:

**Wednesdays**  
 6:30 PM Sing & Celebrate  
 6:30-7:15 PM Sunshine Singers  
**Thursdays**  
 6:30-7:30 PM United Bells  
 7:30 PM Chancel Choir

February 2017							March 2017						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
5	6	7	8	9	10	11	5	6	7	8	9	10	11
12	13	14	15	16	17	18	12	13	14	15	16	17	18
19	20	21	22	23	24	25	19	20	21	22	23	24	25
26	27	28					26	27	28	29	30	31	

Jan 29	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday 10:45am Junior Church 2:00pm Hbg Dist Lay Servant Team Mtg (OC) 6:00pm Youth Group (FH) 6:30pm Pray Shawl (Karnes)	9:30am Strong Women (MO) 10:45am Grandparents in Prayer (SJ)	9:30am Tuesday Morning Group (SJ) 6:00pm Caitlin's Smiles (MO) 6:00pm Safe Sanctuary Initial Training (SJ)	9:30am Strong Women (MO) 6:00pm VBS Plan Mtg. (Preschool Rm)	10:00am Sewing (VD)	9:00am Prayer Breakfast (Ickler's)	9:00am Altar Guild Training (Kitchen) 12:00pm Private Party (FH)
5 10:45am Junior Church 6:00pm Youth Group (FH)	6 9:30am Strong Women (MO) 10:45am Grandparents in Prayer (SJ)	7 9:30am Tuesday Morning Group (SJ) 6:00pm Caitlin's Smiles (MO) 6:00pm Safe Sanctuary Initial Training (SJ)	8 9:30am Staff Mtg (OC) 9:30am Strong Women (MO)	9 10:00am Sewing (VD)	10 5:00pm Parent's Night Out (FH)	11
12 Boy Scout Sunday (S) 10:45am Junior Church 6:00pm Youth Group (FH)	13 Tidings' Deadline 9:30am Strong Women (MO)	14 9:30am Tuesday Morning Group (SJ)	15 9:30am Strong Women (MO)	16 10:00am Sewing (VD)	17 5:00pm Parent's Night Out (FH)	18
19 9:30am Blood Pressures 10:45am Junior Church 6:00pm Youth Group (FH) 6:30pm Pray Shawl (Karnes)	20 9:30am Strong Women (MO)	21 8:30am Assemble Tidings (OC) 9:30am Tuesday Morning Group (SJ)	22 9:30am Strong Women (MO)	23	24 5:00pm Snow Date Parent's Night Out (FH)	25
26 10:45am Junior Church 12:00pm Usher Workshop (S) 6:00pm Youth Group (FH)	27 9:30am Strong Women (MO) 10:45am Grandparents in Prayer (SJ) 6:30pm Leadership Team Meeting (SJ)	28 9:30am Tuesday Morning Group (SJ) 2:00pm Summer Side of 60 (S)	Mar 1	2	3 FH=Fellowship Hall MO=Mt. Olivet Room O=Otterbein Conf. Room S=Sanctuary SJ=St. Johns Room	4 CR=Creation Room PS=Preschool Room YD=Young Disciple Room WR=Wellness Room L&L=Lion & Lamb Room

Feb 26 - Mar 4

Feb 19 - 25

Feb 12 - 18

Feb 5 - 11

Jan 29 - Feb 4

## MUSIC NOTES FROM DAN

*Grant that what we sing with our lips  
we may believe in our hearts,  
and what we believe in our hearts  
we may show forth in our lives.  
Through Jesus Christ our Lord. Amen.*

This prayer, attributed to both Sir Sydney Nicholson and Cosmo Lang, Archbishop of Canterbury, has its roots in the 4th century Council of Carthage. I love how it names the power of transformation that singing offers as our hearts are open.

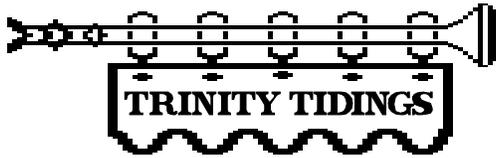
It is exciting and encouraging to see numerical growth of Trinity's choirs again in January of 2017. The most important growth, however, is spiritual growth! May this happen over and over again as the Trinity family, lead by Trinity's choirs, joins our hearts and voices in praise.

Onward....to Higher Ground !



**HAPPY BIRTHDAY!**





**Dated Material**

RETURN SERVICE  
REQUESTED



# February 2017

TRINITY UNITED METHODIST CHURCH  
415 BRIDGE STREET  
NEW CUMBERLAND, PA 17070

### Mission Statement

*Trinity Church is a caring, welcoming community for all ages with a heart for outreach, children, and youth. Empowered by the Holy Spirit, our mission is to KNOW, GROW, and SHOW the love of Christ by:*

- Opening doors to our community as we share our faith and use our gifts*
- Opening hearts to the love and acceptance God has offered everyone through Christ*
- Opening minds to a faith in Christ that changes lives as we grow spiritually through scripture, prayer, worship, music, small groups, service, and fellowship.*

### Vision Statement

*We envision a vibrant, vital community life center that reflects God's love, embraces all people through Jesus Christ, and provides a place for renewal of mind, body, and spirit as we do life together.*

### Core Values

**Spiritual Growth:** intentionally opening our lives to the Holy Spirit to grow in Christ-likeness, seeking to apply God's word in our daily living and in relationships with one another through practices such as: prayer, study of scripture, fasting, simplicity, solitude, confession, worship, giving and service

**Forgiveness:** viewing and treating someone as though their mistake or wrongdoing never happened as we remember the undeserved forgiveness we receive in Christ's blood

**Family:** a group of persons brought together through God, who share beliefs, love and power of the Father, Son, and Holy Spirit, sticking together through good and bad times, cooperatively serving towards a common goal

**Communication:** honest and loving two-way process of listening to and sharing information, thoughts, feelings, and ideas that moves us toward understanding and accepting each other and our neighbors